

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Cape Girardeau County**

	County Prevalence (%)*	Southeast Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	16.1	23.2 H	16.9
No Health Coverage	11.6	17.4 H	12.3
B ehavioral Risk Factors			
Physical Inactivity	23.0	30.6H	23.0
Current Smoker	20.9	28.1	26.5
Overweight (BMI 25-29.9)	39.1	36.9	35.3
Obese (BMI ≥ 30)	18.9	26.9	23.4
D isease and Conditions			
High Blood Pressure	21.9	30.0	28.5
High Cholesterol (35 years or older)	36.6	38.2	37.3
Asthma	9.9	12.3	10.7
Diabetes	7.6	7.5	7.2
Activity Limitation	11.4 L	20.6	17.8
C ancer Screening			
<i>Women</i>			
Never had a Mammogram	21.7	20.5 H	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	67.4	58.0	49.4
50-64 years of age	33.4	44.8	35.9
65 and older	46.9	52.9	47.4
Never had a Pap Test:			
18-69 years of age	5.1	3.8	5.1
70 and older	0.8 L	8.2	6.4
No Pap Test in Last Year (18-29)	26.2	23.5	25.8
No Pap Test in Last 3 Years (30-69)	13.2	15.4	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	63.9	63.1 H	57.0
No Blood Stool Test in Last Year	83.7	83.7 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	65.8 H	59.0 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	73.4 H	67.7 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Cape Girardeau county were obtained by combining data from Cape Girardeau and Bollinger counties.